

# Banana "Nice" Cream



## Ingredients:

**4-5 frozen bananas**

**1 Tbsp. cocoa powder**

**Splash of any type of liquid**

**Optional: Chocolate chips, nut butter,  
or other mix-ins**

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## Directions:

**Take the peel off the bananas.**

**Combine bananas, cocoa powder, liquid and  
mix-ins into a food processor or high powered blender.**

**Blend until the consistency of a soft-serve ice cream**